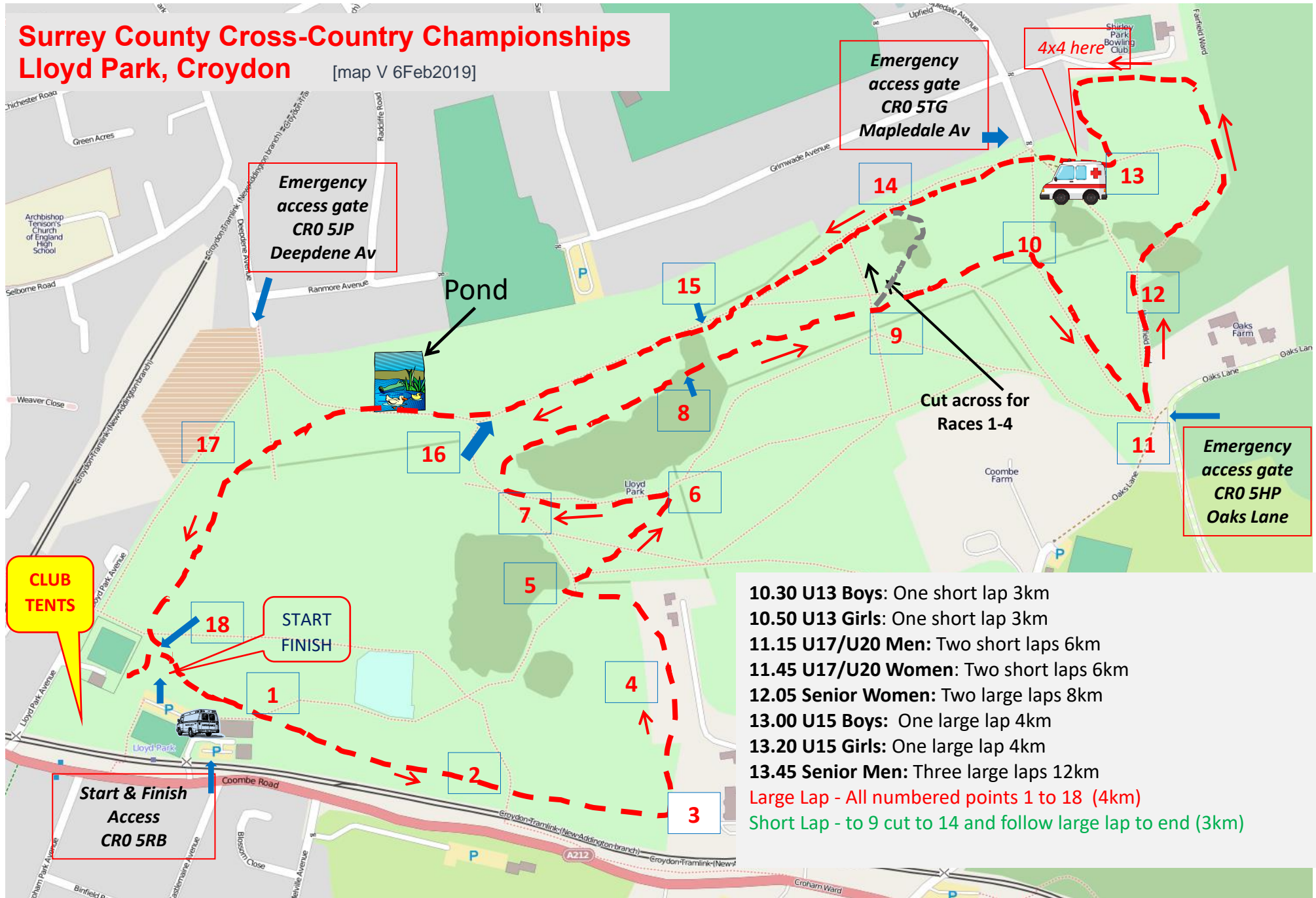


# Surrey County Cross-Country Championships Lloyd Park, Croydon

[map V 6Feb2019]



- 10.30 U13 Boys:** One short lap 3km
  - 10.50 U13 Girls:** One short lap 3km
  - 11.15 U17/U20 Men:** Two short laps 6km
  - 11.45 U17/U20 Women:** Two short laps 6km
  - 12.05 Senior Women:** Two large laps 8km
  - 13.00 U15 Boys:** One large lap 4km
  - 13.20 U15 Girls:** One large lap 4km
  - 13.45 Senior Men:** Three large laps 12km
- Large Lap - All numbered points 1 to 18 (4km)**
- Short Lap - to 9 cut to 14 and follow large lap to end (3km)**