

## SURREY ATHLETICS

### RACE INFORMATION

### CROSS COUNTRY RELAYS WITH BRUCE JUDD JUNIOR RELAYS

**SATURDAY 5 OCTOBER 2024**

NONSUCH PARK, STONELEIGH, SURREY, KT17 2DE

UNDER UKA Rules – Licence No. CC2024/1224



### CHIP TIMING

For the first time we will use chip timing for these races. This will give us much faster and more accurate results. But we will have to make adjustments to entry fees to cover the costs. In effect the fee will be equivalent to £5 per athlete.

### TIMETABLE

10:45 U17M	10:50 U17W
11.25 U15B	11.30 U15G
12.05 U13B	12.10 U13G
13.00	SENIORS & VETS; MALE & FEMALE

Young athletes will have separate races for every age group but male and female will share the course with males starting 5 minutes ahead of females.

**FORMAT:** - Young athletes - teams of 3 over a lap or 3km. Entry fee per team £15.

Seniors and Vets – the lap will be 5km

Category	Team	Entry Fee per team
SM	6	£30
M40	4	£20
M50	4	£20
M60	3	£15
SW	4	£20
W35*	3*	£15
W45	3	£15
W55	3	£15

(\*NOTE: W35 – was previously team of 4 at Wimbledon and will now be team of 3.)

**ELIGIBILITY:** All races will be open to all Clubs affiliated to Surrey Athletics and their members. **Individual athletes will not have to be Surrey eligible.**

2<sup>nd</sup> claim members whose 1<sup>st</sup> claim club is NOT affiliated to Surrey Athletics CAN run.

2<sup>nd</sup> claim runners who are 1<sup>st</sup> claim to a club that is also Surrey affiliated CANNOT run even if their first claim club is not entering a team.

CLUB VESTS MUST BE WORN

## MEDALS

For all categories – young athletes, seniors and vets - Medals will be awarded to the first 3 teams in every category. A & B (& C) teams of the same club *may* win medals.

There will be a medal for the runner with the fastest lap in every category.

## ENTRIES

Go to Sportsystems at

<https://register.enthuse.com/ps/event/TheSurreyCrossCountryRelays2024>

TEAM MANAGERS should enter TEAMS before midnight on Thursday 3 October. Do not attempt to enter individuals at this stage.

Once team entries close you will get a Google sheet from Sportsystems which you must use to declare your team members. Yes should return this to Sportsystems by 5pm on Friday 4 October.

## RACE NUMBERS

Team managers can collect a pack of numbers for each of their teams on the day of the race. The timing chip will be attached to the bib number. It does not have to be returned after the race.

Every runner MUST wear the correct number for the leg that they are running:

YOUNG ATHLETES will have 3-digit numbers starting with 1, 2 or 3. First leg runners must wear the number starting 1; second leg 2; etc.

SENIORS & VETS will have 4-character numbers starting with a capital letter A, B, C etc. followed by 3 numbers. Leg 1 runners must wear prefix A, 2<sup>nd</sup> leg B, etc, etc.

**GETTING THERE:** Nonsuch Park runs alongside the A24 London Rd at Stoneleigh.

Public Transport: By Train to Stoneleigh or Cheam. Several bus routes pass the park including 151, 470, X26 and 293

***Car parking is not generous.*** There are two vehicle entrances and car parks from London Rd and a third in the northeast corner at Cheam gate. Also pedestrian access in the southwest from Castle Av.

You will find some street parking to the west of London Rd at Stoneleigh. There is better street parking although harder to find around Castle Avenue. There is a shoppers car park in Cheam village.

ULEZ – note that the northeast end of the park, Cheam Gate, is in LB Sutton and therefore in the ULEZ zone. Stay at the southern end to avoid ULEZ.

The start and finish area will be close to Nonsuch Mansion house in the centre of the Park where you will find toilets and a small café.

**Any queries? Contact [enduranceofficials@surreyathletics.uk](mailto:enduranceofficials@surreyathletics.uk)**

**Surrey Athletics**